THE QURIO MAGAZINE

Small Actions, Big Change



Volume 1 | 2026 - 27
PIS 1 Vijayanagar, Mysuru

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FROM THE PRINCIPAL'S DESK

Dear Students and Parents,

At the outset, I extend my sincere gratitude to all parents and families for placing their trust in us and allowing us the privilege of guiding their children. This trust is both a great honour and a profound responsibility, which we remain committed to fulfilling with care, integrity, and dedication.

In an ever-changing world, education must reach far beyond the pages of textbooks. Our endeavour is to nurture students who are knowledgeable, confident, compassionate, and inquisitive - young individuals equipped to face life's challenges and seize the opportunities of the future. By combining academic excellence with diverse co-scholastic experiences, we strive to provide a balanced environment in which every child can discover, develop, and celebrate their unique potential.

This edition of our school magazine, titled Small Actions, Big Change, beautifully reflects the belief that meaningful change often begins in the simplest of ways. It may start with a thoughtful gesture, a responsible choice, a helping hand, or the courage to take one small step in a new direction. Though such actions may appear insignificant at first, they can inspire others and create ripples of positive transformation within our homes, our school, and the wider community.

Through stories, poems, artwork, and reflections, our students have explored how everyday choices can shape a better tomorrow. Their contributions remind us that no sincere effort is ever too small and that each one of us has the power to make a difference. When small acts are guided by kindness, purpose, and perseverance, they can lead to changes far greater than we imagine.

I warmly congratulate the editorial team, teachers, and students whose enthusiasm and tireless efforts have brought this creative collection to life. I am confident that the imagination, sensitivity, and originality displayed by our young contributors will inspire and enrich every reader.

"Education is a shared journey strengthened by dedicated teachers, motivated students, and supportive parents working together towards a brighter future."

Regards,
Krishna Bangera
Principal

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DID YOU KNOW?

▸ The Science of small things

Tiny causes. Huge effects. Here's how the smallest things in life quietly shape everything around us.

A. WHY DO HABITS FORM?

Every habit like biting your nails, checking your phone, brushing your teeth before bed follows the same tiny loop inside your brain:

- **a Cue** *(something that starts it),*
- **a Routine** *(the action you do), and*
- **a Reward** *(something that feels good).*

Do this loop enough times, and your brain stops thinking about it altogether. It becomes automatic, running quietly in the background like a well-worn path through a field.

Did you know

Scientists believe habits are stored in a part of the brain called the basal ganglia — the same region active in animals as simple as sea slugs!

B. THE BUTTERFLY EFFECT

This idea comes from chaos theory and asks a wonderfully strange question:
Could the flap of a butterfly's wings in Brazil set off a tornado in Texas?

Of course, one flap doesn't cause a tornado but it shows how tiny, almost invisible changes at the start of a system can grow and grow until they lead to something huge and totally unpredictable.

Did you know

The term was coined by meteorologist Edward Lorenz in the 1960s, after he found that a tiny rounding change in his weather computer model completely changed the forecast!

C. THE DOMINO EFFECT

Line up enough dominoes and tip just the first one the rest fall in a chain reaction, one after another.
The domino effect describes any situation where a single small event triggers a whole series of similar events, like a row of falling tiles. It's used to describe everything from history (one event sparking a chain of others) to everyday life (one late bus making you miss your whole morning).

Did you know

A domino can knock over another domino about 1.5 times its own size. Line up dominoes that each grow by that much, and just 29 of them could topple something as tall as the Empire State Building!

D. THE RIPPLE EFFECT

Drop a single pebble into a still pond and watch what happens:
Circles of water spread outward, farther and farther, long after the pebble has sunk. The ripple effect works the same way with our actions one small act, like a kind word or a smile, can spread outward and influence people far beyond the person it was first given to.

Did you know

Researchers have found that kindness can spread through social networks up to three degrees away meaning your good deed could reach a friend, of a friend, of a friend, without you ever knowing it!

Small Actions, Big Ripples

You don't need to change the world all at once. Try one of these small actions this week and see where the ripple goes.

Plant a Seed



Push one seed into soil today. Given a few years, it could be a tree giving shade, fruit, or clean air to a whole street.

Say Thank You



A genuine "thank you" costs nothing, but it can brighten someone's whole day — and make them kinder to the next person too.

Pick Up One Piece of Litter



You don't need to clean a whole beach. One piece of rubbish in the bin instead of on the ground stops a small problem from growing.

Turn Off a Light



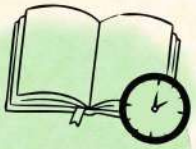
Flicking off a switch when you leave a room takes one second — but done every day for a year, it saves real energy.

Share a Smile



A smile is contagious. Scientists have shown it can pass from face to face across a whole room, without a single word.

Read for 10 Minutes



Ten minutes a day doesn't feel like much — but over a year, that's more than 60 hours of reading. Dozens of books, one page at a time.

Save a Drop of Water



Turning off the tap while you brush your teeth can save several litres of clean water — every single day.

Hold the Door



Holding a door for the person behind you takes two seconds — and often inspires them to do the very same for someone else.

Pick just one. Do it today. Then watch how far it travels.



A Verse of Change

Poems on - 'A small good deed...'

Small deed big impact.

A single spark ignites the dark forest
One dropped seed conquers concrete
Your quiet ward mends a fractured heart.

We wait for thunder to shake the earth
Yet history bends to silent currents
We look for giants to lead the way
The smallest ripple shifts the ocean bay.

A shared loaf starves the old despair
A hand extended rewrites a lonely fate
No effort fades into the empty air
No gentle gesture ever arrives too late.

Look at your palms, steady & small
They hold the weight of tomorrow's dawn
You do not need a stage to stand tall
Just cast the stone, and watch the wave roll on.

In hidden corners, through forgotten
smile, the ancient, heavy shadows finally pass.

Turn the wheel
Speak truth
Begin.



Sanvika Hitha
Grade IV A



A Verse of Change

Poems on - 'A small good deed...'

ಸಣ್ಣ ಹೆಜ್ಜೆ - ದೊಡ್ಡ ಬದಲಾವಣೆ

ಒಂದು ಶಾಲೆಯಲ್ಲಿ ಅನು ಎಂಬ ವಿದ್ಯಾರ್ಥಿನಿ ಇದ್ದಳು. ಒಂದು ದಿನ ಶಾಲೆಯ ಆವರಣದಲ್ಲಿ ಎಲ್ಲಿಂದರಲ್ಲಿ ಕಾಗದಗಳು ಬಿದ್ದಿರುವುದನ್ನು ಅವಳು ಗಮನಿಸಿದಳು. "ನಾನು ಒಬ್ಬಳೇ ಇದನ್ನು ಸ್ವಚ್ಛಗೊಳಿಸಿದರೆ ಏನು ಬದಲಾವಣೆ ಆಗುತ್ತದೆ?" ಎಂದು ಅವಳು ಯೋಚಿಸಿದಳು. ಆದರೂ ಅವಳು ಪ್ರತಿದಿನ ಶಾಲೆಗೆ ಬಂದಾಗ ನೆಲದಲ್ಲಿದ್ದ ಒಂದು ಕಾಗದವನ್ನಾದರೂ ಎತ್ತಿ ಕಸದ ಬುಟ್ಟಿಗೆ ಹಾಕಲು ಪ್ರಾರಂಭಿಸಿದಳು.

ಕೆಲವು ದಿನಗಳ ನಂತರ ಅವಳ ಸ್ನೇಹಿತರು ಅದನ್ನು ಗಮನಿಸಿದರು. ಅವರೂ ಅನುಳ ಜೊತೆ ಸೇರಿ ಕಸವನ್ನು ಸರಿಯಾದ ಸ್ಥಳದಲ್ಲಿ ಹಾಕಲು ಪ್ರಾರಂಭಿಸಿದರು. ಶಿಕ್ಷಕರೂ ಮಕ್ಕಳ ಪ್ರಯತ್ನವನ್ನು ಗಮನಿಸಿ, ಶಾಲೆಯಲ್ಲಿ ಸ್ವಚ್ಛ ಶಾಲೆ- ನಮ್ಮ ಜವಾಬ್ದಾರಿ" ಎಂಬ ಚಿಕ್ಕ ಅಭಿಯಾನವನ್ನು ಆರಂಭಿಸಿದರು. ಕೆಲವೇ ದಿನಗಳಲ್ಲಿ ಶಾಲೆಯ ಆವರಣ ಸ್ವಚ್ಛವಾಯಿತು. ಒಂದು ಮಗುವಿನ ಸಣ್ಣ ಕಾರ್ಯವು ಇಡೀ ಶಾಲೆಯಲ್ಲಿ ದೊಡ್ಡ ಬದಲಾವಣೆಯನ್ನು ತಂದಿತು.

ನೀತಿ

"ಬದಲಾವಣೆಗಾಗಿ ದೊಡ್ಡ ಕೆಲಸವನ್ನೇ ಮಾಡಬೇಕಿಲ್ಲ. ಒಂದು ಸಣ್ಣ ಒಳ್ಳೆಯ ಹೆಜ್ಜೆಯನ್ನು ಇಂದೇ ಆರಂಭಿಸಿದರೆ, ಅದು ನಾಳೆ ದೊಡ್ಡ ಬದಲಾವಣೆಯಾಗಬಹುದು."



Small Action Big Change

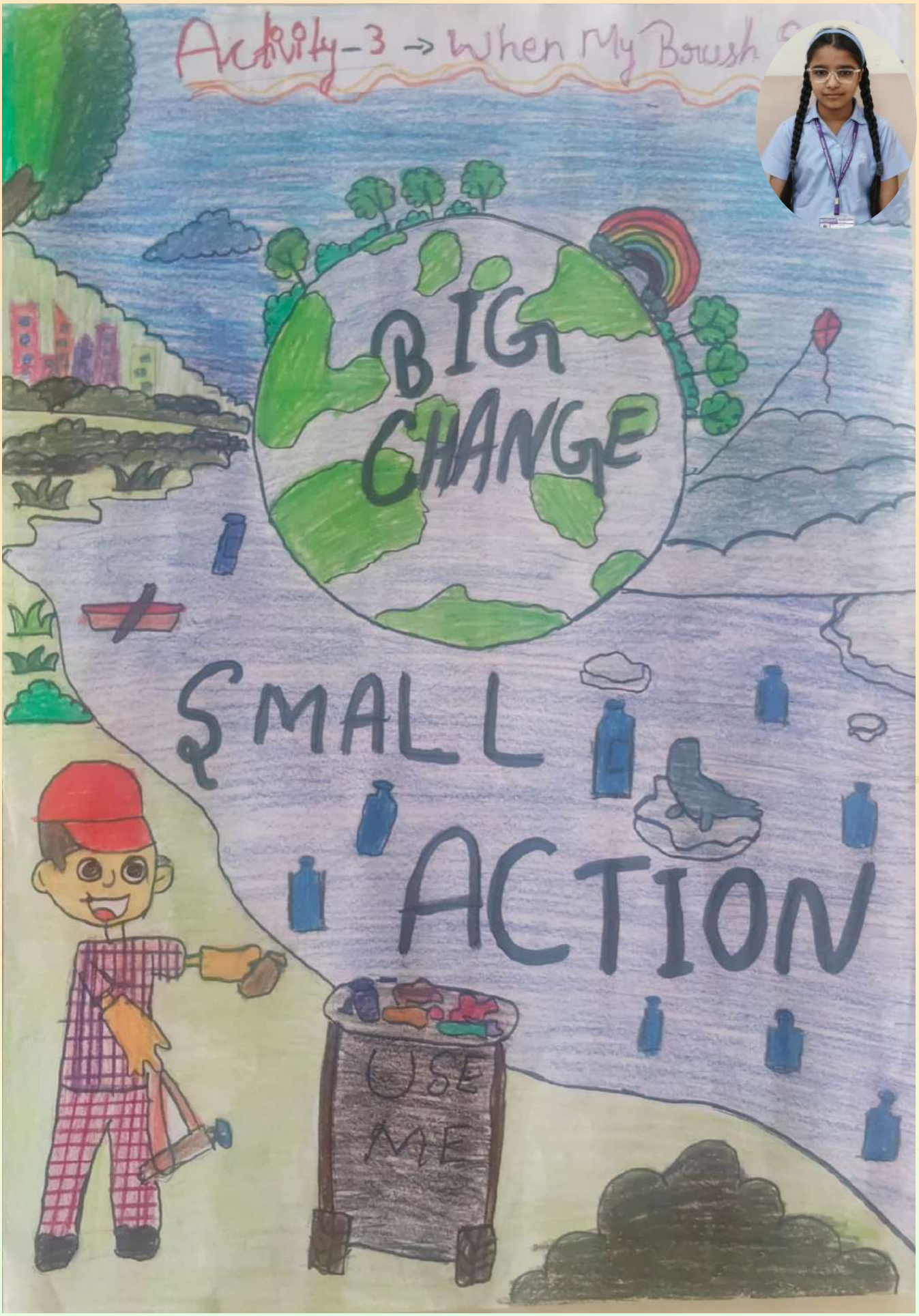
ಸಣ್ಣ ಹೆಜ್ಜೆ , ದೊಡ್ಡ ಬದಲಾವಣೆ



Jeevitha
Grade V C

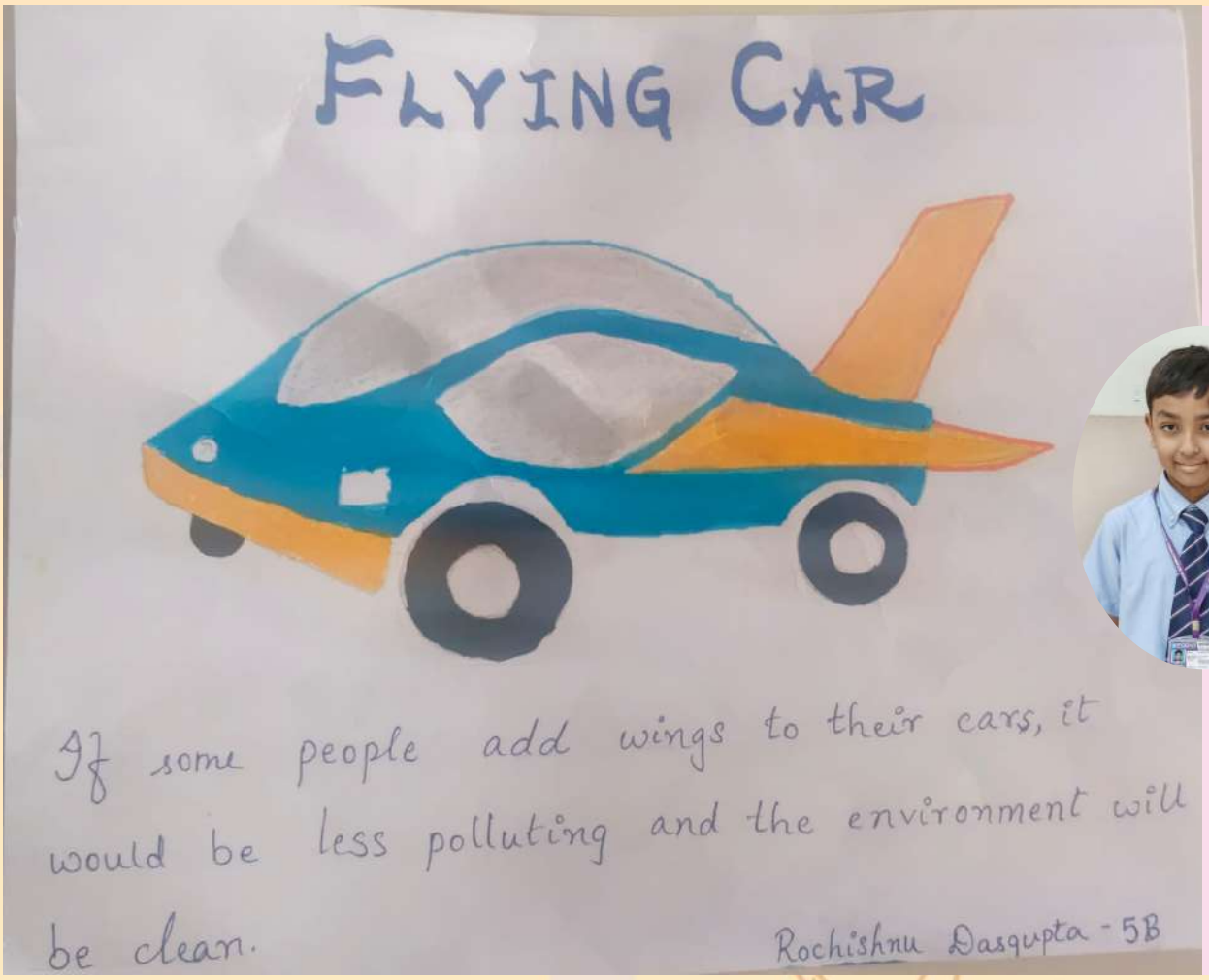
When my brush speaks...

A page on artistic expression that depicts the theme - Small actions, big change...



When my brush speaks...

A page on artistic expression that depicts the theme - Small actions, big change...





The Butterfly Effect

In Real Life: One Man, One Forest

How a teenage boy planting a few bamboo shoots on a bare Indian sandbar grew into a 1,360-acre forest home to tigers, rhinos, and elephants.



The Problem: A River, a Flood, and a Graveyard of Snakes.

In 1979, on Majuli, the world's largest river island, in the Brahmaputra River in Assam, India a huge flood swept through and left the land behind it bare and sandy. Soon after, a 16-year-old boy named Jadav Payeng came across something that broke his heart: hundreds of snakes, washed onto the empty sandbar by the flood, lying dead in the scorching sun. With no trees and no shade to protect them, they simply couldn't survive the heat.



The Tiny Action: 20 Bamboo Seedlings

Jadav asked the local forest department for help planting trees on the sandbar. They told him nothing could grow in such poor, sandy soil, but said he could try planting bamboo. So that is exactly what he did. Jadav planted just 20 bamboo seedlings by himself, then kept coming back, day after day, to water them and care for them. Nobody asked him to. Nobody paid him to. He just kept going.

Jadav didn't stop at bamboo he began collecting seeds and saplings of other trees too, planting a little more of the forest with his own hands almost every single day for over 40 years.

The Ripple Grows: From Sandbar to Forest

As the bamboo took root, it slowly changed the sandbar itself trapping soil, holding moisture, and creating the right conditions for other plants to grow. Jadav kept adding more trees: cotton trees, arjun, and many native Assamese species. Over decades, one man's quiet daily habit transformed a lifeless sandbank into a genuine forest, complete with its own soil, shade, and ecosystem all without machines, without a team, and almost entirely alone.



The Surprise Discovery

For nearly 30 years, almost nobody outside Jadav's village knew what he had done. Then in 2008, forest officials went looking for a herd of wild elephants that had wandered off after damaging a nearby village and found them sheltering inside a dense forest that, according to their own maps, should not have existed at all. That "undiscovered" forest was Molai Forest named after Jadav's nickname, "Molai."



Did you know?

Today, Molai Forest is bigger than New York City's Central Park, and is home to Bengal tigers, Indian rhinoceroses, deer, over 100 elephants that visit each year, and hundreds of species of birds.

Why This Is the Butterfly Effect

Jadav Payeng didn't set out to create a 1,360-acre forest he just wanted to save some snakes from the sun. But that single small decision, repeated quietly every day for over 40 years, set off a chain of changes far too large for anyone to have predicted: soil formed, plants spread, animals returned, and an entire ecosystem came to life. In 2015, Jadav was awarded the Padma Shri one of India's highest civilian honours and is now known around the world as the **"Forest Man of India."**

"I'll plant till my last breath." — Jadav "Molai" Payeng

It started with one...

Write about a true event or a story of 'How a small action by someone created a big impact...

It started with one small act of kindness. One day, a little girl named Anya saw an old woman struggling to carry her grocery bags. Anya quickly helped her carry the bags home. The woman was very thankful and told her neighbours about Anya's kindness. Inspired by her, one neighbour started helping an elderly person every day. Soon, more people in the neighbourhood began helping one another.

What started as one small act created a big change. People became more caring, friendly, and helpful. The neighbourhood became a happier place where everyone cared for one another.

This taught me that even a small action can make a big difference. We do not need to do something huge to change the whole world. Sometimes, it truly starts with one person, one kind action, and one good heart.



Sihi Karthik
Grade IV A

During the hectic project, one of the 70 scientists working on it asked Dr. Abdul Kalam if he could leave at 5:30 that evening. His kids had to run an exhibition. Dr. Kalam gave him permission. However, the scientist got busy with work, only to realize that it was 8:30 p.m. When he looked for his boss, he wasn't there. Guilty for having disappointed his kids, he went back home, only to find that his kids weren't there. When he asked his wife where they were, she replied, "You don't know? You manage."

She had brought the children to the exhibition at 5:15 and took them there. When Dr. Kalam noticed him working hard at 5:00 p.m., he thought to himself that this person would not leave work before he had promised. His children should definitely enjoy the exhibition, so he, the boss, took the lead and took them there.

Kindness costs nothing, but its impact can be immeasurable. Be the reason someone smiles today.



Bhakthi
Grade IV A

It started with one...



Write about a true event or a story of 'How a small action by someone created a big impact...

It started with one simple plastic bottle lying by the lake. Ten-year-old Aarav noticed it during his morning walk and decided to pick it up and throw it into a nearby recycling bin. The next day, he brought a small jute bag and collected ten more bottles.

Seeing his dedication, his neighbour, Mayur, joined him the following weekend. Soon, a few other children from the neighbourhood brought their own bags. What began as one boy picking up a single piece of litter quickly transformed into a weekly routine for the whole community.

Within a month, the casual group grew into a passionate initiative called "Clean Green Mysuru." Local shops stopped giving out plastic bags, and families began segregating their waste at home. The once-neglected lake area turned into a beautiful, vibrant park where birds returned and flowers bloomed.

Aarav's small act proved that you do not need a massive plan to change the world. A single positive choice, repeated with consistency, can ignite a chain reaction that transforms an entire community.

It truly started with just one.



Kiranmayi
Grade IV A

It was an ordinary morning when Sadi found a small, lost puppy shivering near the school gate. Everyone walked past it, but she stopped. She gave it some water and shared her lunch with it.

The next day, she brought a little blanket from home. Her friends noticed what she was doing and decided to help too. One brought food, another brought a box, and someone else contacted an animal shelter.

Within a few days, the whole school was helping stray animals in the neighbourhood.

Sadi smiled when she saw the puppy finally find a loving home. She realized that day that change doesn't always begin with a big plan. Sometimes, it starts with one person, one small act, and one caring heart.



Arwa Siddiq
Grade IV B

It started with one...

Write about a true event or a story of 'How a small action by someone created a big impact...

It started with one day when I saw one of our teachers explaining a topic to a student who did not understand it. The teacher taught the topic again and helped the student understand it. Soon, the student understood the topic.

It made me happy and made me think that all the teachers in the world should be kind and patient while teaching children. I also wished that every student would listen carefully, just like this student, and be patient and attentive while listening to the teachers.

It made me think about how teachers can be kind or sometimes very strict and aggressive. All the teachers in our class teach us well and explain everything to us clearly. It also inspired me to be kind and patient, just like our school teachers. I also learned an important lesson from this:

"Always be patient and kind."



Vedanth Belliappa
Grade IV B

What was the impact?

One Sunday morning, I went to a nearby park with my mother. The park was beautiful and full of people. Some children were playing. As I was walking, I noticed a little boy sitting near a tree.

He was not playing with the other children. Instead, he was picking up plastic bottles and wrappers from the ground. I went to him and asked, "Why are you cleaning the park?"

He smiled and said, "I want to keep my park clean. If we all take care of nature, our surroundings will become beautiful."

His words made me think. I decided to help him. Together, we collected the waste and put it in the dustbin.

After that, I planted a small sapling with my mother. We watered it and promised to take care of it.

So, I learned that even a small act can make a big difference. We should keep our surroundings clean, plant more trees, and always care for nature.

Save Nature, Save Our Future!



Maanvitha
Grade IV B

It started with one...



Write about a true event or a story of 'How a small action by someone created a big impact...

Four years back, when I started going to 1st standard, my parents told me how they worked tirelessly to get a successful life and that they did it by never giving up, even though it was hard. That inspired me to keep trying, no matter what. This still helps me in finding my game and many more things.

I also learned that everyone can do it if they put in effort. To face problems or hard situations, I just keep telling myself, "You can do it, come on!" That gives me hope, and that hope helps me to try again, even if it is tough.

This story still encourages me even today. It has helped me face many difficulties. And I hope whoever reads this shall also be inspired by this to face their own difficulties and succeed in their goals.



Johan Gikson
Grade V B

There is a park near our house. A few years ago, during the rainy season, some school children had planted a few plants. But during the summer, there was no one to water the plants. Day by day, the plants started to wither away. There was no shade in the park.

I thought I should do something about this. The next day, I took a bucket from my home and started watering the plants by collecting water from the tap. Seeing this, my friends

also joined me. We came every day and started watering the plants.

Now, the park is full of beautiful plants, and the people who come for a walk get shade. We can hear the cheerful chirping of the birds.



Maya Kamath
Grade V B

It started with one...

Write about a true event or a story of 'How a small action by someone created a big impact...

A Real Story

Once upon a time, I saw the beautiful nature of the trees. I got to understand that they give us oxygen and give us life and everything without asking for anything in return.

I learnt from them that we should not have expectations, and we should love each other. Gautama Buddha said, “Never have expectations, or you will be sad.” Lord Krishna told us, “We should believe in karma (actions). Never give up. Love is not a business.”

Even I learnt that expectations are only used in business. Nature feeds us like our mother. She feeds people like a mother feeding her children.

I learnt that beautiful nature is not meant to be seen and destroyed. It is meant to be lived with, without cutting trees. It is a symbol of the cleanliness of nature.



Basil Gupta
Grade V B

It started in the year 2023 of September 9 as I was 8 years old and there was Ganesh festival. There were some teenage boys in our road and they planned to pooja the Ganesha on September 10. They planned to pooja the Ganesha's mother. And they now should clean the entire road. They were cleaning the road on September 9, so I was watching them when they were cleaning. I got inspired from them. And I joined with them. I work with them hand for 5 hours and we got the result like other country. And now we were doing from 2023 to yesterday. We were getting same result and all the people in my road were thankful for us.



Uday
Grade V B

It started with one...



Write about a true event or a story of 'How a small action by someone created a big impact...

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Uday
Grade V B

A time I made a small change...

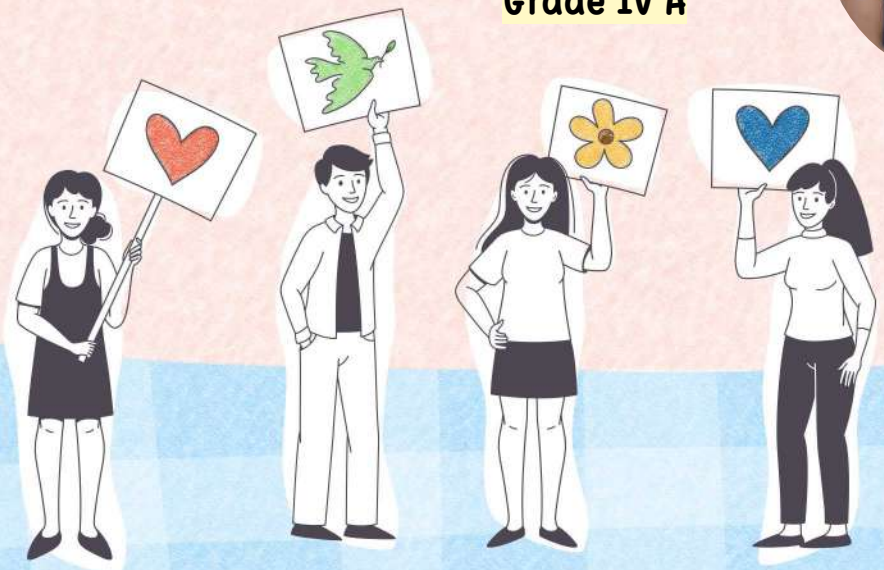
Save Water Save Resource

"One afternoon, I noticed my mom throwing away the leftover water from the dog bowl to refill it with fresh water. Later that day, I saw my dad dumping the remaining water from plastic bottles straight into the kitchen sink. It made me realize how much clean, usable water we accidentally waste every single day at home. I decided to make a small change to stop it from happening. I found a large empty plastic bucket and placed it near the kitchen counter. I asked my parents to pour any leftover water from cups or dog bowls into this bucket instead of pouring it down the drain. Every evening, my job was to carry the heavy bucket outside and use that saved water to give our garden plants a refreshing drink. At first, my family forgot a few times, but I gently reminded them. Soon, the bucket was filling up every day. Seeing our garden bloom using recycled water, I felt so proud. I learned that saving water is easy, and simple everyday choices can make a huge difference for our planet'



Viana Dechakka

Grade IV A



A time I made a small change...

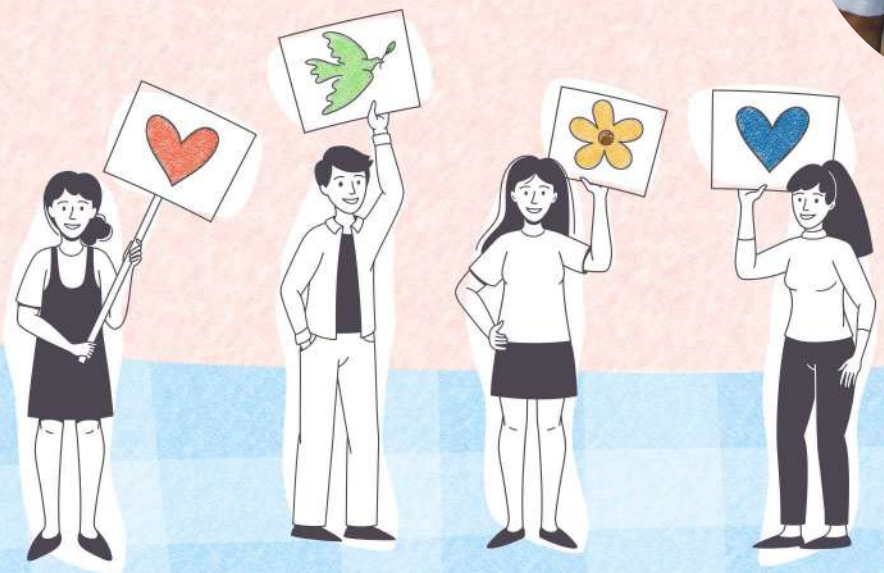
Reduce of plastic

The Time I Made a Small Change Sometimes even a small change can make a big difference, and I experienced this when I decided to reduce my use of plastic bottles. Earlier, I used to buy a new plastic water bottle whenever I went to school or traveled somewhere. I did not think much about where all those bottles ended up. One day, our teacher explained how plastic waste harms the environment and takes many years to decompose. I realized that my small habit was also adding to the problem. So, I decided to carry a reusable water bottle with me every day. I also encouraged my friends to carry reusable bottles. Some of them started doing the same. Although my action was very small, I felt proud because I was contributing to a cleaner environment. This experience taught me that change does not always have to be big. A simple decision can create a positive impact.



Vehaan S Kumar

Grade IV A



A time I made a small change...

The Curry leaf Plant

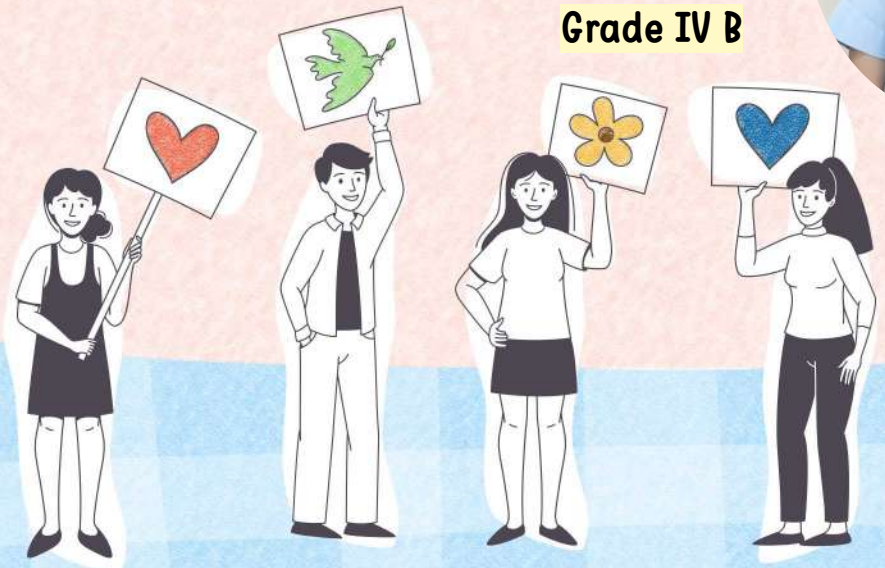
There is a curry leaf plant in front of my house. My neighbours often pluck leaves from the plant, but I noticed that nobody watered it. This inspired me to take a step forward and nurture the plant by watering it regularly. Not only did watering the plant make me happy, but it also gave me a sense of contentment that I was contributing to the well-being of the plant. Rather than relying on others and hoping that they would water it, I decided to take responsibility and care for it myself.

This small change taught me that we can all be a catalyst for positive change in our surroundings. Even a small action, when done with care and consistency, can make a difference. I look forward to continuing this new habit and inspiring others to care for plants and our environment.



Swara R

Grade IV B



A time I made a small change...

Save Water

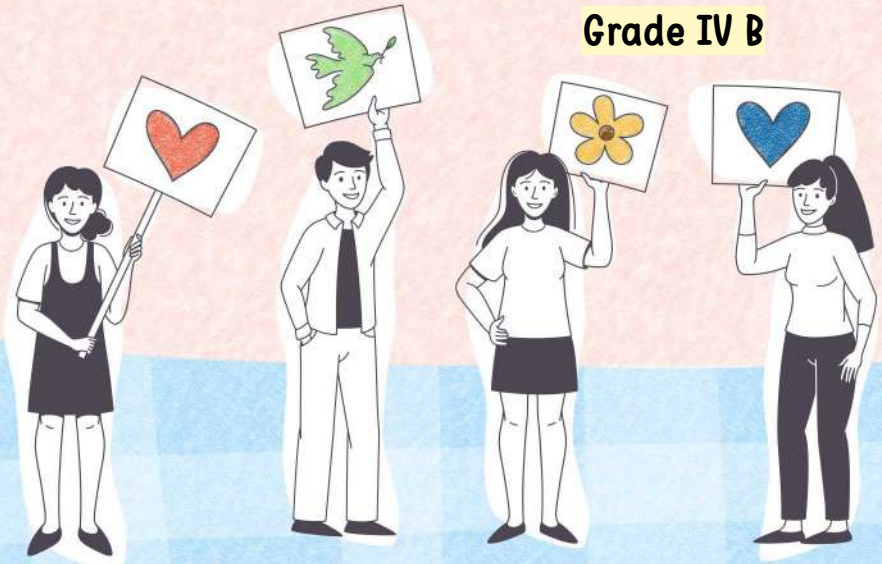
One day, I decided to do a few small things differently in my daily life. I realized that I was wasting water while brushing my teeth, so I began turning off the tap when I didn't need it. I also began to turn off lights and fans when I left a room. I began to keep my surroundings clean and always used the dustbin instead of throwing waste on the ground. In addition, I tried not to waste food, taking only what I could eat.

At first, these changes seemed very small, but slowly they became good habits. My family noticed my efforts and also started following these habits, because "Small changes today can create a better tomorrow."



Vedanshi Sahal

Grade IV B



A time I made a small change...

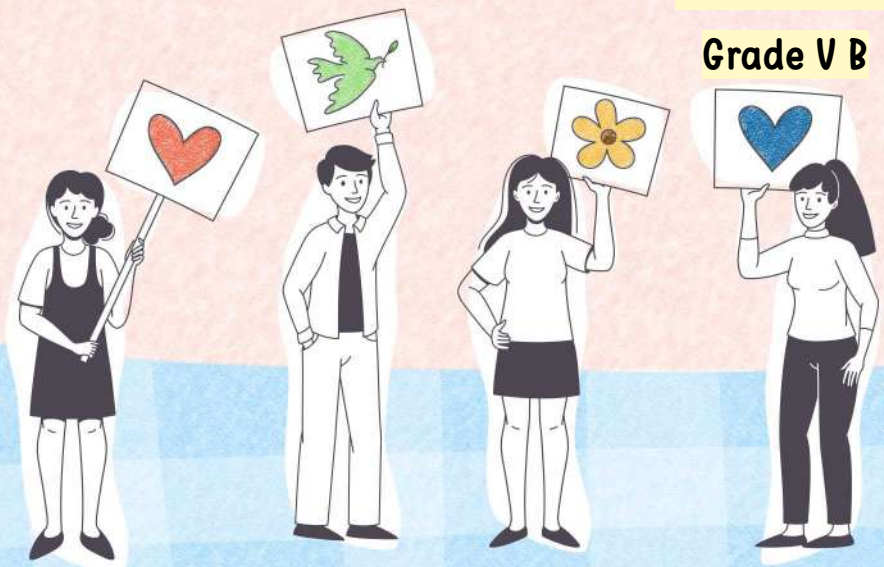
My Behaviour in School

Hi everyone! My name is Charvi, and I am a student of Grade 5B. When I was in first standard, I was very well-behaved. My teachers loved me, and I was also good at my studies. Inmy marks card, all the boxes were filled with A+ and A grades. My remarks were also good, and I was very happy. However, in second standard, things started to change. I became a little weak in my studies, and I felt that everyone was avoiding me. I was very sad. I tried hard to improve, but things did not work out as I had hoped. Even my leadership badge came late, which made me feel worse. Still, I decided that I would keep trying. In third standard, I continued to struggle. Because I kept thinking that I was not good enough, I became less confident. My marks card had remarks that I still needed to improve. After school ended, I went to my hometown for the vacation. During the holidays, I thought about what I could do differently the following year. I decided that I would try my best and not give up. In fourth standard, I returned to school with a happy smile and a positive attitude. I did well in my periodic test, but when the half-yearly examination came, I again struggled. I went home crying because I was very upset and felt that I could not do well. But finally, in fifth standard, I decided to make a small but important change in myself. I started showing kindness to everyone, studying harder and behaving well. Slowly, I began to feel more confident and positive. I did well in my periodic test, and I was very happy with my improvement. I continued this behaviour and received my weekly leader badge earlier than before. This experience taught me that even a small change in our attitude and behaviour can make a big difference. I wish to continue being kind, hardworking and positive every day. I believe that showing kindness and believing in ourselves can help us overcome challenges and become better versions of ourselves.

S. Charvi

Grade V B





A time I made a small change...

The Helmet Story

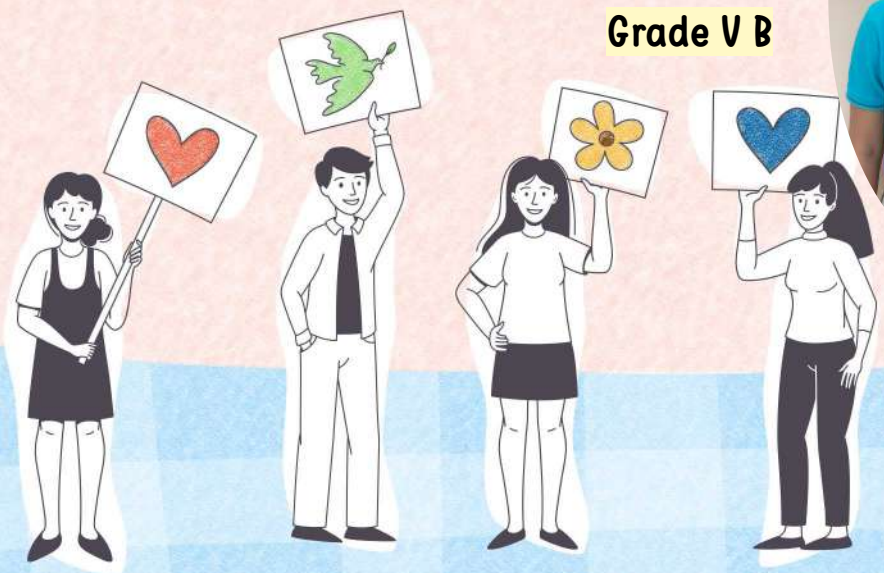
My father used to go to the office every day without wearing a helmet. He was not interested in wearing one at all. He paid a fine every time he was caught, but he was not worried about it. One day, the police started increasing their checks. There was a lot of news about accidents in newspapers and on TV. One day, while reading the newspaper, I came to know that many accidents happened because people were not wearing helmets. I realised that my father was also not wearing a helmet. So, I told him about the accidents caused by not wearing helmets and explained the importance of wearing one.

Then, I made a small change. My father started wearing a helmet. He began to understand the importance of road safety. This small change created awareness among my family members. I realised that even a small action can make a big difference. My father's habit changed, and he became more careful about his safety.

Sakshi

Grade V B





A time I made a small change...

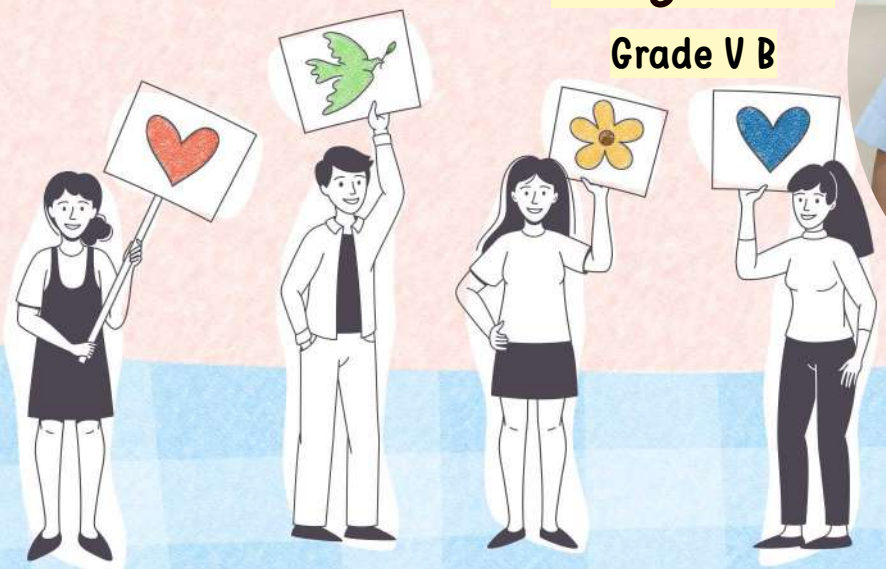
My small Action

One morning, I noticed that our classroom was untidy after break. Instead of waiting for someone else, I picked up the papers and put them in the dustbin. Seeing me, a few of my classmates joined me. Soon, everyone was helping to clean the classroom. In just a few minutes, our classroom looked neat and fresh. The room seemed brighter, and everyone felt proud of the little change we had created together. That small action made me realize that a leader does not always need to give orders. A leader can inspire others simply by setting a good example. From that day, I understood that even the smallest act of responsibility can create a meaningful change. It also taught me to never underestimate the power of one good action. Moral "A small good action can inspire many others. When we take the first step, together we can create a big change."

Nithyashree

Grade V B





This clicked for me!

Original photographs of small actions that you think is important -
Write captions to convey the thought behind the picture.



Small Act of Kindness, A Big Heart

Ishaan Gowda
Grade 5B

Kindness is not just about words; it is about the little actions that make a big difference. Ishaan Gowda of Grade 5B beautifully exemplifies compassion and empathy through his thoughtful act of feeding a stray dog.

His simple gesture reflects the importance of caring for voiceless animals and treating every living being with love and respect. Such acts of kindness remind us that even the smallest efforts can bring comfort and happiness to another living being.

Ishaan's thoughtful initiative serves as an inspiration to his fellow students, encouraging them to develop compassion, practise kindness, and become responsible citizens who care for animals and the world around them.

"Kindness to animals is a reflection of the goodness within us."

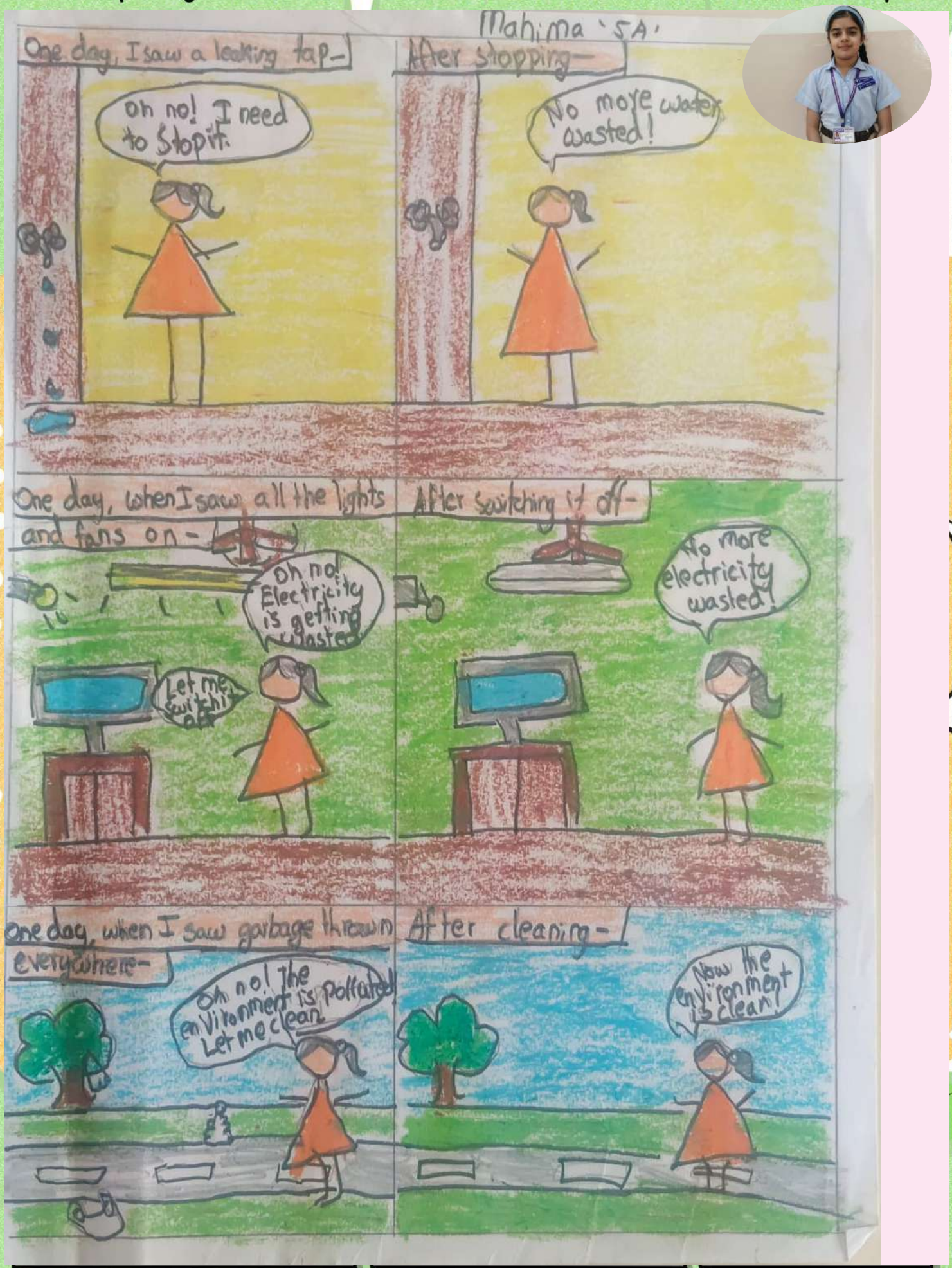
A Story in Panels

A comic strip storyboard that shows a short incident of a small action and its impact.



A Story in Panels

A comic strip storyboard that shows a short incident of a small action and its impact.



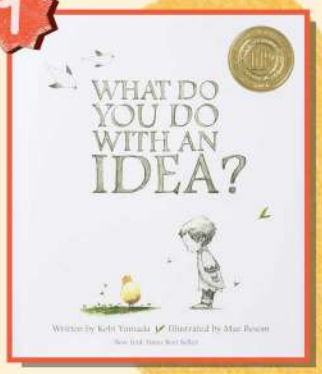
A Story in Panels

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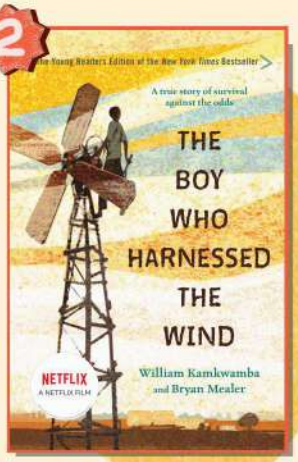


Book Recommendations

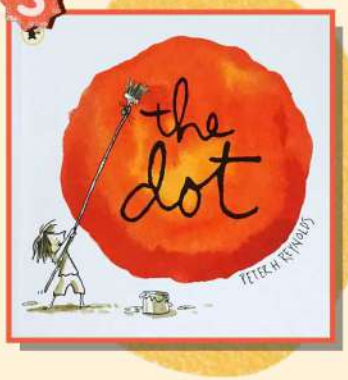
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2



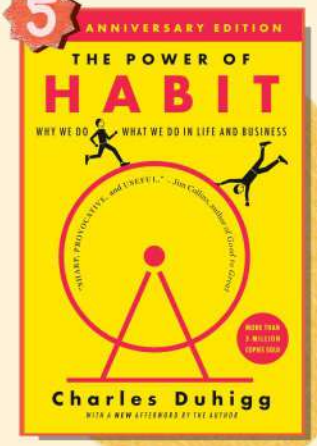
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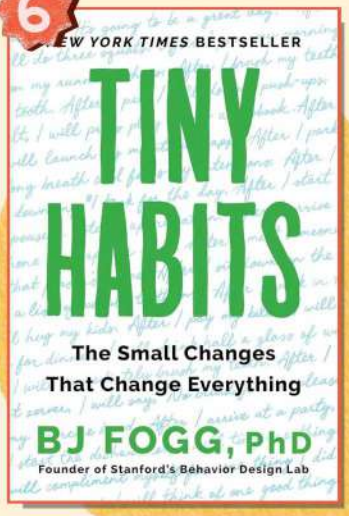
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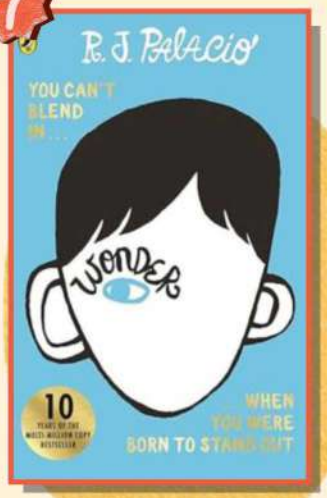
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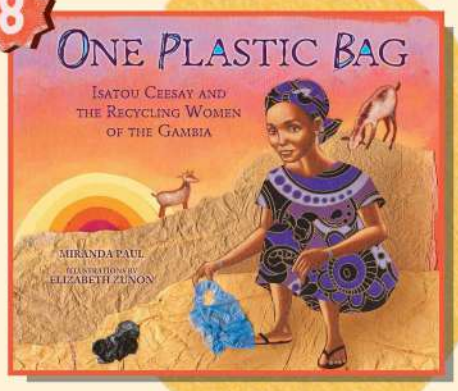
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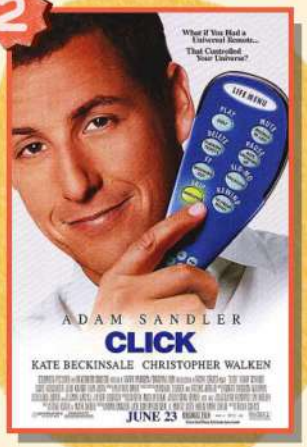


Movie Recommendations

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2



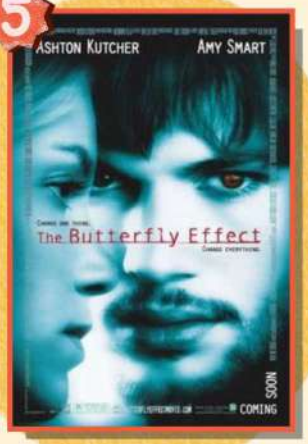
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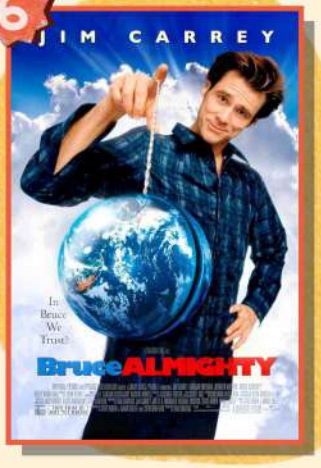
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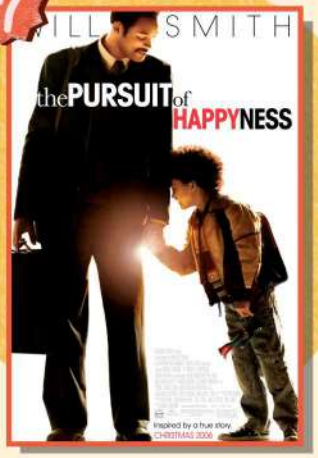
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6



7



Review
Books & Movies

Title of the Movie/Book:

Wonder

(by R. J. Palacio)

Movie/Book Reviewed By:

Kanishka Dhaval Bambal
(Grade IV A)

Movie/Book Summary:

"Wonder" is a beautiful and heartwarming Book. It is about a brave ten-year-old boy named Auggie Pullman, who has a unique face. When he joins a regular school for the first time in fifth grade, life becomes hard for him because some kids bully him. However, with the help of his loving family and true friends, Auggie teaches everyone a very powerful and golden the book shares a golden secret recipe for building any new routine easily: Friendship: Looking past outs Bravery: Facing your fears at school every single day. ide looks to see a good heart. Kindness: Choosing to be gentle and nice to everyone around you. My absolute favorite part of the book is when Auggie says that everyone deserves a standing ovation at least once in their life. I loved everything about this book because it teaches us that we do not need to blend in when we are born to stand out! I highly recommend this wonderful book to all students. It beautifully reminds us that when we have the choic between being right or being kind, we should always choose kind!

How many hearts will you give to this movie/book?



Title of the Movie/Book:

Tiny Habits

Movie/Book Reviewed By:

Kanishka Dhaval Bambal
(Grade IV A)

Movie/Book Summary:

"Tiny Habits" by Dr. BJ Fogg is a magical book. It shows that small steps lead to be success in life. We do not need heavy willpower or massive strength to make a change; we just need to start tiny! The book shares a golden secret recipe for building any new routine easily:

My absolute favorite part of the book is the "Celebratio" It taught me to be kind to myself and feel happy about even the smallest wins.
I loved everything about this book because it makes building habits feel like playing a fun game. I highly recommend this wonderful book to all students.
It beautifully proves that tiny seeds can grow into giant, beautiful trees!

How many hearts will you give to this movie/book?

(Colouring 1 heart means the movie/book was really bad. Colouring 5 hearts means it was great!)

Review
Books & Movies

Title of the Movie/Book:

The pursuit of happiness
Gabriele Muccino.

Movie/Book Reviewed By:

Vidwath. N. Raj
(Grade IV A)



Movie/Book Summary:

The Pursuit of happiness is a nice and inspiring movie It is about a father named Chris and his son. Chris has many problems in his life. But he does not give up. He works hand and takes care his son. He hopes for a better life.

He faces many hard times, but he stays strong at Last, his hard work brings him success.

Moral - I like this movie because it teaches us to be brave and work hard, and never give up and keep trying.

How many hearts will you give to this movie/book?

(Colouring 1 heart means the movie/book was really bad. Colouring 5 hearts means it was great!)

Title of the Movie/Book:

Amelie
Jean-Pierre Jeunet

Movie/Book Reviewed By:

Samarth
(Grade V B)



Movie/Book Summary:

Amélie is a whimsical, visually stunning masterpiece that captures the magic of everyday life through the eyes o itseccentric, introverted heroine. Driven by Yann Tiersen's iconic accordion soundtrack and a vibrant, sepia-toned vision of Paris, director Jean-Pierre Jeunet crafts a deeply heartwarming tale of anonymous kindness and romance. While its intense, hyper-stylized sweetness might feel overwhelming to cynics, the film remains an essential, universally beloved triumph of modern French cinema.grow into giant, beautiful trees!

How many hearts will you give to this movie/book?

(Colouring 1 heart means the movie/book was really bad. Colouring 5 hearts means it was great!)

Brain Play

EVERYDAY SUPERPOWERS

A WORD SEARCH OF EVERYDAY SUPERPOWERS

You don't need a cape to be a superhero. Find these everyday superpowers hidden in the grid below!

M	M	G	T	F	H	H	E	L	P	H	E
H	Y	C	I	X	M	Q	V	W	R	C	T
U	P	G	L	I	S	T	E	N	N	X	C
G	T	S	G	Z	Z	L	M	V	G	E	A
O	V	F	S	K	C	W	Q	V	Y	C	R
P	P	K	M	B	I	R	A	N	S	G	E
L	L	R	G	I	V	E	C	O	H	Q	G
T	A	O	B	L	E	G	W	F	A	X	K
Z	N	O	S	M	I	L	E	T	R	F	I
Q	T	V	F	B	D	A	F	P	E	V	N
N	C	N	U	C	E	J	T	A	M	K	D
E	Q	M	G	Z	B	S	A	V	E	U	G

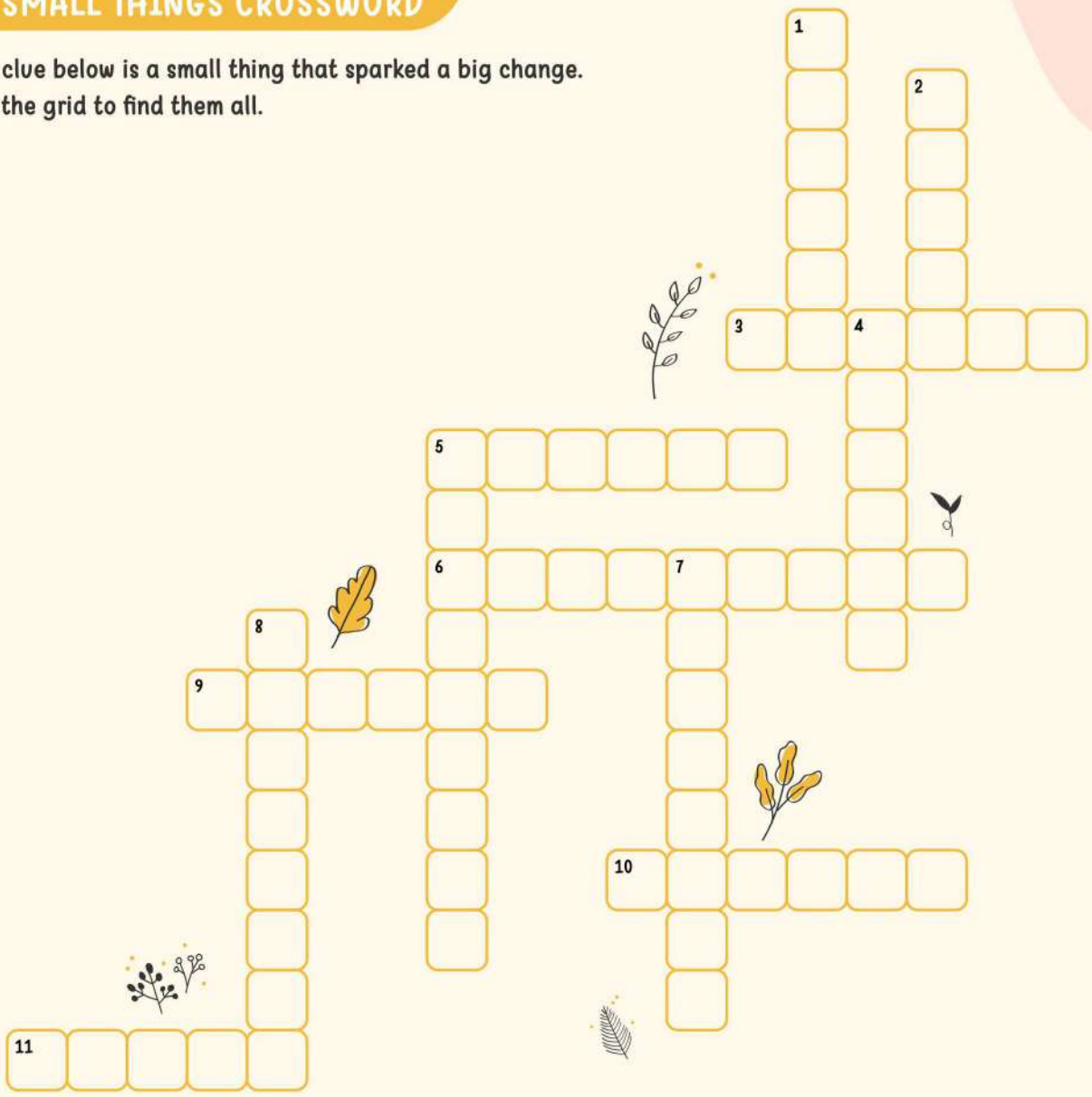
WORD BANK

SMILE	SHARE	LISTEN	HELP	PLANT
KIND	CARE	HUG	GIVE	SAVE

CATALYSTS FOR CHANGE

THE SMALL THINGS CROSSWORD

Every clue below is a small thing that sparked a big change.
Fill in the grid to find them all.



ACROSS

3. The meteorologist whose weather model gave the Butterfly Effect its name.
5. The first plant Jadav Payeng planted on a barren river sandbar in Assam.
6. The point at which one more small change suddenly causes a large shift.
9. This Japanese philosophy is built on the idea of continuous, small improvements.
10. Surname of the real-life 'Forest Man of India' who single-handedly grew a huge forest.
11. A behaviour that becomes automatic after a cue-routine-reward loop repeats enough times.

DOWN

1. Tip just one of these tiles and watch a whole row fall in a chain reaction.
2. A gentle push that encourages a choice or change without forcing it.
4. The circular waves that spread outward after a pebble drops into still water.
5. A tiny insect used to describe how a small cause can lead to a huge, unpredictable effect.
7. An effect where something small keeps growing bigger and bigger as it rolls along.
8. A person or substance that triggers a big change without being used up itself.

CRACK THE CODE

A CATALYSTS FOR CHANGE CRYPTOGRAM

Every letter below has been swapped for another. Crack each code, one letter at a time, to reveal three famous lines about small acts and big change.

QUOTE 1

H B N L G B Y W A H K H M F F, H B

___ _____ ___ _____ ___

E N G G M V T B X F E N C C, A F

_____ ____ _____ ___

M Q M V X N F G M K.

_____ _____

QUOTE 1 KEY — fill in each letter as you crack it:

A	B	C	E	F	G	H	K	L	M	N	Q	T	V	W	X	Y	X	Y
I	O	L	M	S	T	N	D	C	E	A	V	H	R	K	W	F	W	F

QUOTE 2

R V G P P G M S R, C F J L

_____ _____ _____

V A P S N U P N J W Q H V N P P N B L R

_____ ___ _____

B E U J B U P J, M G L

___ _____ _____

S X G L R E B X V S F J C B X P W.

_____ _____ _____

QUOTE 2 KEY — fill in each letter as you crack it:

A	B	C	E	F	G	H	J	L	M	N	P	Q	R	S	U	V	W	X
U	O	W	F	H	A	Y	E	N	C	I	L	B	S	T	P	M	D	R

QUOTE 3

J K W K N F U P G V V C Q V Q

_____ _____ _____ ___

L S Q H H R N U P I U E

_____ _____ ___

V C U P R C V E P H, O U S S T V V K F

_____ _____

O T V T Y K J L O Q J O C Q J R K

_____ _____ _____

V C K B U N H F.

_____ _____

QUOTE 3 KEY — fill in each letter as you crack it:

B	C	E	F	G	H	I	J	K	L	N	O	P	Q	R	S	T	U	V	W	Y
W	H	F	D	B	L	P	N	E	S	R	C	U	A	G	M	I	O	T	V	Z

Spotlight @ PIS



Divija

Grade II B

Achievement in National-Level Gymnastics

Spotlight @ PIS



Hoshit

Grade II B

National Level Karate Championship 2026 - 2nd place

Spotlight @ PIS



N Jazvithaa

Grade III C

State level Abacus championship 2026 - 6th place

Spotlight @ PIS



N. Rakshithaa

Grade V B

State level Abacus championship 2026 - 4 th place

ANSWER KEY

CATALYSTS FOR CHANGE

THE SMALL THINGS CROSSWORD



CRACK THE CODE

A CATALYSTS FOR CHANGE CRYPTOGRAM

Quote 1 -

NO ACT OF KINDNESS NO MATTER HOW SMALL IS EVER WASTED.

Quote 2 -

SMALL ACTS WHEN MULTIPLIED BY MILLIONS OF PEOPLE CAN TRANSFORM THE WORLD.

Quote 3 -

NEVER DOUBT THAT A SMALL GROUP OF THOUGHTFUL, COMMITTED CITIZENS CAN CHANGE THE WORLD.



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